

FOOD MENU



PUMPItUP®

CONCORD • 925.681.1060
1301 Franquette Ave, Concord, CA 94520

STARTERS

Garlic Parmesan Twists	12 pieces	\$18.99
Cinnamon Twists	12 pieces	\$18.99
Spicy or BBQ Classic Wings	12 pieces	\$17.99
	24 pieces	\$29.99
Spicy or BBQ Boneless Wings	12 pieces	\$17.99
	24 pieces	\$29.99

SALADS & PLATTERS

Caesar Salad	Party Tray 10-14 Adults	\$25.99
Crisp Romaine lettuce, shredded Parmesan cheese, garlic Parmesan croutons and classic Caesar dressing		
Chicken Caesar Salad		\$30.99
Crisp Romaine lettuce, grilled chicken, shredded Parmesan cheese, garlic Parmesan croutons and classic Caesar dressing		
Garden Salad		\$25.99
Fresh, mixed green salad with mushrooms, tomatoes, cucumbers, carrots and garlic Parmesan croutons with choice of dressing.		
Vegetable Platter		\$26.99
Carrots, tomatoes, celery, broccoli. Exact content of Seasonal veggies subject to availability.		
Fruit Platter		\$30.99
Watermelon, pineapple, grapes, cantaloupe, honeydew Exact content of Seasonal fruits subject to availability		
Salad Dressings		
Ranch • Italian • Caesar • Blue Cheese • Thousand Island • Balsamic Vinaigrette		

SANDWICHES

Veggie Sandwich (6 whole, cut into halves)	Party Tray 6-12 Adults	\$47.99
Artichoke hearts, olives, red onions, three cheeses, tomatoes and creamy ranch Sauce		
Club Sandwich (6 whole, cut into halves)		\$48.99
Choice of turkey, chicken or ham with bacon, red onions, three cheeses, lettuce, tomatoes and creamy ranch sauce		

PASTAS

Chicken Bacon Alfredo Pasta Tray	Party Tray 4 Adults	\$29.99
Penne pasta tossed with a creamy Alfredo sauce, oven roasted chicken, diced Roma tomatoes, spinach, bacon, our three-cheese blend and finished with fresh basil and Parmesan-Romano cheeses.		
Marinara with Sausage & Mushrooms		\$29.99
Penne pasta tossed in a heavy marinara sauce with Italian sausage, mushrooms, our three-cheese blend and finished with fresh basil and Parmesan-Romano cheeses.		
Create your Own		\$29.99
Choose your favorite sauce, meat and vegetables.		

BEVERAGES & DESSERTS

2 Liter Bottles		\$3.99
Coke® • Diet Coke® • Sprite® • Root Beer • Orange Fanta • Lemonade		
Capri Sun (100% Juice)		\$1.25
Individual 6.75 oz. Juice Pouch (based on availability) Apple Juice, Mixed Berries, Fruit Punch		
1.5 Liter Water Bottles		\$3.50
20 oz Water Bottles		\$1.50

PIZZA

1 Topping	Large 12 Slices	\$28.99	XLarge 16 Slices	\$32.99
2 Toppings		\$30.99		\$34.99
Multi Topping or Specialty Pizza		\$32.99		\$37.99

Meat Toppings

Bacon, Ham, Pepperoni (Primo/Mini/Classic), Italian Sausage, Salami, Grilled Chicken, Linguica

Vegetable Toppings

Artichoke Hearts, Basil, Garlic, Black Olives, Pineapple, Onions (green, yellow or red), Jalapeños, Mushrooms, Zucchini, Roma Tomatoes, Spinach, Green Peppers

Sauce Options:

Zesty Red, Creamy Garlic, Polynesian, BBQ

SPECIALTY PIZZAS

Gourmet Veggie	
Artichoke hearts, zucchini, spinach, mushrooms, tomatoes, garlic, red & green onions on creamy garlic sauce	
Garden Delight	
Tomatoes, mushrooms, green peppers, onions, black olives on zesty red sauce	
Chicken and Garlic Gourmet	
Grilled white meat chicken, garlic, mushrooms, tomatoes, red & green onions, Italian herb seasoning on creamy garlic sauce	
BBQ Chicken	
Grilled white meat chicken, bacon, cheddar, tomatoes, red & green onions, and sweet & tangy BBQ sauce	
Maui Zau (Chicken, Ham or Pepperoni)	
Crisp bacon, juicy pineapple, tomatoes, red & green onions on Polynesian Sauce (Choice of Grilled Chicken, Ham or Pepperoni)	
Smokehouse (Primo Pepperoni or Chicken)	
Italian sausage, linguica, BBQ drizzle, tomatoes, red & green onions on zesty red sauce (Choice of Grilled White Chicken or Pepperoni)	
Italian Garlic Supreme	
Pepperoni, Italian sausage, tomatoes, mushrooms, green onions, and lots of garlic on creamy garlic sauce	
Hawaiian	
Tender ham & juicy pineapple (2-toppings) on zesty red sauce	
King Arthur's Supreme	
Pepperoni, Italian sausage, salami, linguica, mushrooms, green peppers, onions, black olives on zesty red sauce	
Montague's All Meat Marvel	
An Absolute Meat Fest! Italian sausage, pepperoni, salami, linguica on zesty red sauce	
Ulti-Meat	
Primo pepperoni, linguica, bacon, Italian sausage on zesty red sauce	
Wombo-Combo	
Primo pepperoni, linguica, bacon, Italian sausage, mushrooms, tomatoes, artichoke hearts, green onions on zesty red sauce	

NO OUTSIDE FOOD OR BEVERAGES

You may bring any Cake and Bottled Water. Bring your own cake knife, candles, and lighter. Pump It Up is a Nut Free facility. Please no snacks with Nuts! We will call you within 48hrs of the party to confirm your final guest count & take any food orders as well as any party extras you may need.

*Prices are subject to change without prior notice.